

***Petite Rising Stars: (Young Children's Division, Ages 2-5)**

“Broadway Babies I & II”

Ages 2 to 3

This class is for the tiniest dancers. Movement and gesture are key components to a physical, vocal and social development which encourages them to connect, explore and communicate. Encourage your toddler to develop locomotor and cognitive skills while a teacher leads activities in a safe and fun environment for both the child and the adult! (Parent participation not required.)

30 minutes

What to wear: Pink leotard, pink tights, ballet shoes

“Little Stars I”

Ages 3 to 4

Pre-ballet, tap, and tumbling. This class introduces each style of dance, instilling technique that will serve as your child's foundation for the next decade. We establish teacher/student relationships, a pattern of following directions and taking instruction.

45 minutes

What to wear: Pink leotard, pink tights, white tap shoes, pink ballet shoes. Optional: pink skirt

“Little Stars II”

Ages 4 & 5

A more advanced program of pre-ballet, tap and tumbling, this class develops rhythm, creative ability, motor skills and coordination in addition to introducing more formal basic dance techniques.

45 minutes

What to wear: Pink leotard, pink tights, white tap shoes, pink ballet shoes. Optional: pink skirt

“Hip Hop Tots”

Ages 3 to 5

Fun and funky moves and music—just like the big kids!

30 minutes

What to wear: shorts, leggings, shirt, bare feet or sneakers for studio use only. Nothing too loose.

“Tumble Tots”

Ages 2 to 5

Movement and gesture are key components to a physical, vocal and social development that encourages children to connect, explore and communicate. This class encourages your toddler to develop locomotor and cognitive skills while a teacher leads activities in a safe and fun environment!

30 minutes

What to wear: shorts, leggings, shirt, bare feet or sneakers for studio use only. Nothing too loose.

***JDPAC Young Dancer Division (Ages 5-10)**

We introduce dancers to their first combination classes, adding jazz for the first time. We recommend these classes be taken together as they are designed to give dancers a more rounded performing arts education, however they may also be taken individually.

Combo 1 Ballet:

Ages 5 to 6

Dancers are introduced to their first of twelve levels of ballet education. Students will participate in the American Academy of Ballet Performance Awards in May.

30 minutes

*What to wear: Light blue leotard, pink tights, pink ballet shoes, hair in bun

Combo 1 Tap:

Ages 5 to 6

This class introduces and develops concentration, rhythm, coordination, and knowledge of tap technique and terminology.

30 minutes

*What to wear: Light blue leotard, pink or tan tights, white tap shoes, hair pulled back.

Combo 1 Jazz:

Ages 5 to 6

Dancers explore the stylized movement and upbeat music of jazz and the sounds and rhythm of tap with a greater emphasis on flexibility and concentration while developing a broader knowledge of technique and terminology.

30 minutes

*What to wear: Light blue leotard, pink or tan tights, tan jazz shoes, hair pulled back

Combo 2 Ballet, Tap, and Jazz:

Ages 6 to 7

Dancers continue building on technique and skills from Combo 1 classes. Ballet students will progress to the second half of levels 1 or 2 and participate in American Academy of Ballet Performance Awards. More emphasis is placed on terminology and perfecting proper technique in all areas, including flexibility, posture, and developing awareness of self and body. Classes are 30 minutes each and can be taken together or individually.

*What to wear: Light blue leotard, pink tights for ballet (tan can be worn for tap and jazz), pink ballet shoes, white tap shoes, and tan jazz shoes. Hair must be in bun for ballet and pulled back for tap and jazz.

Combo 3 Ballet:

Ages 8 to 10

Dancers will focus on ballet technique, proper body alignment, terminology, and musicality through the use of both barre and center floor work. Ballet students will participate in the American Academy of Ballet Performance Awards to showcase skills mastered throughout the year.

30 minutes

*What to wear: Black camisole leotard, pink tights, pink ballet shoes, hair must be in bun.

Combo 3 Tap:

Ages 8 to 10

Dancers are beginning to explore more difficult tap technique. More emphasis is placed on body positions, terminology, and accuracy of tap rhythms and sounds.

30 minutes

*What to wear: black camisole leotard, tan or pink tights, tan ballet shoes. Hair must be pulled back

Combo 3 Jazz:

Ages 8 to 10

Dancers continue to focus on stylized movement, flexibility, and technique while having fun moving to upbeat and contemporary music.

30 minutes

*What to wear: black leotard, pink or tan tights, tan jazz shoes. Hair must be pulled back.

Hip Hop

Ages 5-10

This class is very upbeat, hot, and a lot of fun! Dancers will learn hip hop technique and tricks to upbeat and contemporary music!

30 minutes

*What to wear: comfortable shorts, leggings, or sweats/warm-ups, shirt, tennis shoes. No street shoes; tennis shoes should be for studio use only. Hair must be tied back. Loose clothing is ok for this class.

***JDPAC Intermediate Division (Ages 11-18)**

Tween/Teen Ballet:

Ages 11 & Up

Dancers continue studying ballet technique and terminology in preparation for Ballet Performance Awards. More detailed study of exercises at both barre and floor.

45-60 minutes

What to wear: black camisole leotard, pink tights, pink ballet shoes. Hair must be in bun.

Tween/Teen Tap:

Ages 11 & Up

This class develops concentration, rhythm, coordination, speed and a broad knowledge of standard tap technique.

30-45 minutes

What to wear: black leotard, tan or pink tights, tan tap shoes. Hair must be pulled back.

Tween/Teen Jazz:

Ages 11 & Up

Students continue to develop body strength, flexibility, and coordination in addition to various styles and techniques of the dance.

30-45 minutes

What to wear: black leotard, tan or pink tights, tan jazz shoes. Hair must be pulled back

Contemporary/Lyrical:

Ages 11 & Up

A style of dance that incorporates elements of ballet, jazz, and modern dance. Solid ballet technique is combined with soft expression to create a fluid style. This class must accompany a regular ballet class.

30-45 minutes

What to wear: black leotard, pink or tan tights, bare feet. Shoes may be an additional requirement. Hair must be pulled back.

Hip Hop

Ages 11 & Up

This class is very upbeat, hot, and a lot of fun! Dancers will learn hip hop technique and tricks to upbeat and contemporary music!

30 minutes

What to wear: comfortable shorts, leggings, or sweats/warm-ups, shirt, tennis shoes. No street shoes; tennis shoes should be for studio use only. Hair must be tied back. Loose clothing is ok for this class.

***Intensive Division (Ages 5 & Up)**

This division of the *James Dance and Performing Arts Center* includes performance groups, a competition team, and a ballet company. Students enter this program when they express desire and are physically able, technically qualified, and dedicated to pursuing a rigorous course of study. The level of training taught in the *Intensive Division* prepares serious students for a professional career in dance, whether it be on stage or behind-the-scenes. Ages, classes, and subjects vary greatly, as does dance training at schools other than the *James Dance and Performing Arts Center*.

Class placement will be determined by the *Center's* directors and teacher(s) recommendation and not by the child's age, years of study nor the student's parents/guardians. Students will have the opportunity to study with many of America's leading dance educators at special workshops and master classes. Programs and class schedules are determined and designed for the individual student's needs and may vary. Dancers must study all subjects within the *Dance Department*.

Schedule of study includes all subjects and workshop classes with a minimum of 2 ballet classes weekly for the younger *Intensive Division* students and 3 ballet/pointe classes weekly for the older *Intensive Division* students. Schedules are as follows:

Ages 5 to 9	4 to 5 hours weekly	2 to 3 days weekly
Ages 9 to 12	5 to 7 hours weekly	2 to 4 days weekly
Ages 12 & up	5 to 12 hours weekly	3 to 5 days weekly

***RISING STARS PERFORMANCE TEAM (Ages 5-7)** This team meets twice a week from Sept-June (once for technique class and once for choreography). All members must take 2 ballet classes. We compete in 2 local competition and represent the studio through local performances. Dancers are required to participate in the Rising Stars Boot Camp and audition.

Must Take: (2) Ballet classes, (1) tap class, and (1) Jazz class, and (1) Performance class.

Optional classes: Acrobatics and musical theater.

MANDATORY: Must attend Jumpstart workshop in July

***PERFORMANCE/COMPETITION TEAM (ages 5-18)** This program is structured so that each member achieves the skills & training necessary to successfully transition into the professional & collegiate world. Members study and compete in all genres of dance. Entrance into this exceptional team is by audition and required participation in the JDPAC Performance Team Boot Camp.

Must take: Ballet, Tap, Jazz, and Acro. Upon acceptance, teachers will assign technique classes and performance classes.

***JDPAC Acrobatic Arts (Ages 5 & Up)**

James Dance & PAC is certified in Acrobatic Arts for ages pre school through teens. Acrobatic Arts is based on safe and effective progressions with proven results in five divisions of AcroDance: Flexibility, Strength, Balancing, Limbering, and Tumbling.

Acrobatics/Tumbling: Classes are divided into Beginner, Advanced Beginner, Intermediate, and Advanced. Placement is based on teacher recommendation. **30-45-60 minutes**

What to wear: leotard, tights or booty shorts, bare feet. Hair must be pulled back

***JDPAC Drama and Vocal Department (Ages 5 & Up)**

Musical Theatre Performance classes incorporates theater dance styles and singing into a performance-oriented class. Students work to build a repertoire from Broadway shows, to learn different styles and enhance their performance skills. Class is divided into two levels: Ages 5-10 and 11 & Up. Each class is 45 minutes.

What to wear: street clothes. Remember: no street shoes (shoes that have been worn outside) in the dance studios.

Registration and Tuition

Registration is \$30 per student or \$40 per family and is required annually.

Single Class Tuition Rates:

30 minutes: \$41 per month

45 minutes: \$51 per month

1 hour: \$55 per month

JDPAC offers special discount pricing for families and students taking multiple classes. Please contact us for your individualized pricing plan.